

# Alderford Olympic

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	08:01:30	370	Samantha	Rose	Female	32	F	RAF Triathlon	Alderford Olym	00:21:50	00:02:54	01:10:43	00:01:08	00:41:03	02:17:38
2	08:00:10	362	Steph	Clutterbuck	Female	27	E	Hereford	Alderford Olym	00:22:05	00:02:43	01:19:13	00:01:09	00:41:08	02:26:18
3	08:00:30	364	Josie	Lockwood	Female	28	E	Belper	Alderford Olym	00:27:40	00:02:27	01:13:30	00:01:02	00:43:43	02:28:22
4	08:03:40	383	Caroline	Stalker	Female	41	H		Alderford Olym	00:25:28	00:02:38	01:13:20	00:01:18	00:46:03	02:28:47
5	07:59:20	357	Milly	Deer	Female	24	C	Shrewsbury	Alderford Olym	00:29:03	00:02:40	01:13:10	00:01:08	00:45:42	02:31:43
6	08:07:40	407	Caroline	Cresswell	Female	55	K	Kinlet	Alderford Olym	00:28:08	00:02:23	01:16:22	00:01:24	00:45:39	02:33:56
7	08:00:00	361	Caitlin	Burke	Female	26	E	SYTri	Alderford Olym	00:27:39	00:03:00	01:15:48	00:01:18	00:47:28	02:35:13
8	08:01:10	368	Jen	Hitchcott	Female	29	E	Aldridge	Alderford Olym	00:28:05	00:03:53	01:19:43	00:01:30	00:43:02	02:36:13
9	08:01:20	369	Dani	Piper	Female	31	F	T3C	Alderford Olym	00:30:47	00:03:39	01:16:17	00:01:36	00:45:37	02:37:56
10	08:04:00	385	sara	hernandez	Female	42	H	malvern	Alderford Olym	00:24:04	00:03:33	01:24:31	00:01:56	00:47:41	02:41:45
11	08:04:30	388	Jenni	Armitt	Female	43	H	Congleton	Alderford Olym	00:28:10	00:03:18	01:17:36	00:01:48	00:52:13	02:43:05
12	08:08:20	411	Cheryl	Hutchins	Female	61	L	Total tri training	Alderford Olym	00:31:39	00:03:21	01:17:04	00:01:13	00:50:04	02:43:21
13	08:02:30	376	Gemma	Wootton	Female	38	G	Stoke on Trent	Alderford Olym	00:30:39	00:03:33	01:16:56	00:01:19	00:51:20	02:43:47
14	08:09:00	415	Aimee	Mccullough	Female	36	G		Alderford Olym	00:30:40	00:03:36	01:20:03	00:01:23	00:48:47	02:44:29
15	08:01:50	372	Kelly	Thornhill	Female	33	F	Team New2Tri	Alderford Olym	00:32:17	00:02:53	01:18:31	00:01:10	00:50:17	02:45:08
16	08:05:20	393	Julia	Zilles	Female	44	H	Birmingham	Alderford Olym	00:27:33	00:04:32	01:23:51	00:02:20	00:47:14	02:45:30
17	08:01:00	367	Jess	Hindley	Female	29	E	Bolton	Alderford Olym	00:32:14	00:05:35	01:21:43	00:01:49	00:46:48	02:48:09
18	08:08:50	414	Nikki	Doherty	Female	36	G	Teme Tri	Alderford Olym	00:30:41	00:03:38	01:22:09	00:01:29	00:51:37	02:49:34
19	07:59:00	355	Charlotte	Taylor	Female	24	C	Macclesfield	Alderford Olym	00:23:33	00:03:25	01:29:37	00:01:06	00:52:01	02:49:42
20	07:58:50	354	Molly	Southgate	Female	19	B	Shropshire	Alderford Olym	00:33:07	00:03:53	01:20:36	00:01:40	00:51:01	02:50:17
21	08:08:10	410	Cathy	Parkinson	Female	56	K	Cathy Parkinson	Alderford Olym	00:32:15	00:04:01	01:26:04	00:01:51	00:47:08	02:51:19
22	08:02:20	375	Michelle	Porter	Female	37	G	Littleborough	Alderford Olym	00:31:35	00:05:36	01:21:53	00:03:07	00:49:15	02:51:26
23	08:01:40	371	Alethea	Peters	Female	33	F	Bristol	Alderford Olym	00:36:32	00:03:36	01:19:45	00:02:12	00:50:46	02:52:51
24	08:02:50	378	Sarah	Quinlan	Female	39	G	Chester Tri	Alderford Olym	00:31:58	00:03:36	01:23:51	00:01:18	00:54:53	02:55:36
25	08:00:40	365	Danielle	Ashton	Female	28	E	Newport	Alderford Olym	00:33:43	00:04:21	01:24:55	00:02:53	00:51:03	02:56:55
26	08:05:40	395	Samantha	Thomas	Female	48	I	Stockport Tri Club	Alderford Olym	00:38:16	00:07:08	01:23:45	00:02:25	00:45:33	02:57:07
27	08:04:20	387	Charlotte	Bailey	Female	42	H	ELLESMERE	Alderford Olym	00:31:19	00:04:50	01:29:05	00:03:36	00:51:58	03:00:48
28	08:07:00	403	Lynette	Houghton	Female	51	J	Warrington	Alderford Olym	00:30:56	00:03:28	01:24:44	00:01:19	01:03:35	03:04:02
29	07:59:40	359	Menna	Williams	Female	25	E	Carmarthen	Alderford Olym	00:35:20	00:04:50	01:27:44	00:02:15	00:53:54	03:04:03
30	07:59:30	358	Hannah	Simpson	Female	25	E	Cambridge	Alderford Olym	00:33:28	00:05:18	01:24:51	00:03:30	00:57:26	03:04:33
31	08:08:30	412	Alison	Shepherd	Female	66	M	Chester Triatlon Club	Alderford Olym	00:29:54	00:05:08	01:30:30	00:01:18	00:58:44	03:05:34
32	08:09:40	419	Annette	Edwards	Female	58	K		Alderford Olym	00:33:45	00:03:52	01:25:33	00:01:37	01:04:32	03:09:19
33	08:04:10	386	Louise	James	Female	42	H	Pontyberem Llanelli	Alderford Olym	00:44:19	00:05:39	01:30:30	00:02:01	00:50:46	03:13:15
34	08:02:40	377	Kathryn	Thomas	Female	39	G	Trienergy	Alderford Olym	00:39:43	00:05:42	01:25:52	00:02:20	01:02:40	03:16:17
35	08:05:00	391	Audrey	Stocker	Female	44	H	BTR ROAD RUNNE	Alderford Olym	00:43:42	00:04:23	01:38:19	00:03:14	00:47:49	03:17:27
36	08:02:00	373	kathryn	green	Female	34	F	wigan harriers tri	Alderford Olym	00:35:11	00:07:18	01:39:24	00:01:58	00:54:29	03:18:20
37	08:08:00	409	Julie	McDonnell	Female	56	K	Chester	Alderford Olym	00:44:46	00:06:50	01:33:43	00:01:31	00:52:23	03:19:13
38	08:09:10	416	Heather	Kemp	Female	40	H		Alderford Olym	00:34:57	00:07:08	01:46:05	00:01:43	00:49:22	03:19:15
39	08:03:20	381	Ria	Powell	Female	40	H	Chester	Alderford Olym	00:35:37	00:05:16	01:34:08	00:02:44	01:03:05	03:20:50
40	08:03:30	382	Debbie	Watson	Female	40	H	Ellesmere	Alderford Olym	00:32:53	00:05:45	01:39:39	00:03:55	00:58:43	03:20:55
41	08:03:00	379	Laura	Ellis	Female	39	G	Malpas	Alderford Olym	00:47:25	00:05:11	01:37:26	00:02:57	00:52:45	03:25:44
42	08:07:30	406	Jane	Dasgupta	Female	53	J	MERSEYTRI	Alderford Olym	00:52:16	00:06:15	01:36:37	00:03:02	00:55:31	03:33:41

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	08:02:10	374	Samantha	Rose	Female	35	G	Crewe	Alderford Olym	00:39:42	00:06:08	01:36:17	00:03:32	01:10:23	03:36:02
44	08:03:10	380	Bryony	Parkes	Female	40	H	Nuneaton Triathlon C	Alderford Olym	00:42:16	00:05:10	01:38:27	00:01:55	01:10:45	03:38:33
45	08:06:40	401	Sandy	Bebbington	Female	51	J	Whitchurch	Alderford Olym	00:39:24	00:06:03	01:36:51	00:02:00	01:14:28	03:38:46
46	08:04:50	390	Melissa	Murphy	Female	44	H	Epping	Alderford Olym	00:46:08	00:04:59	01:39:39	00:03:00	01:08:00	03:41:46
47	08:07:20	405	Aimee	Spicer	Female	41	H		Alderford Olym	00:40:12	00:05:42	01:35:04	00:03:24	01:21:49	03:46:11
48	08:03:50	384	Becky	Stockton	Female	42	H	Nantwich	Alderford Olym	00:33:18	00:04:48	01:45:54	00:01:55	01:21:08	03:47:03
49	08:06:00	397	Kelda	Wood	Female	48	I		Alderford Olym	00:44:27	00:06:40	01:28:35	00:03:04	01:24:33	03:47:19
50	08:12:00	421	Razan	Saeed	Female	28	E	Solihull	Alderford Olym	00:37:39	00:06:50	01:51:23	00:02:02	01:11:37	03:49:31
51	08:06:10	398	Liz	Lister	Female	49	I	Wolverhampton	Alderford Olym	00:50:25	00:04:16	01:41:08	00:02:49	01:11:11	03:49:49
52	08:06:30	400	Sara	Morris	Female	51	J	BTR ROAD RUNNE	Alderford Olym	00:51:06	00:08:20	01:52:51	00:02:25	01:03:07	03:57:49
53	07:58:30	352	Eiman	Elbanhawy	Female	39	G	Portsmouth Triathlet	Alderford Olym	00:56:23	00:06:04	01:47:37	00:01:56	01:10:53	04:02:53
54	08:08:40	413	Lorraine	Gillan	Female	67	M	Prees	Alderford Olym	00:49:35	00:08:44	01:47:08	00:04:56	01:19:28	04:09:51
55	08:09:20	417	Elly	Downing	Female	48	I	Teme Leisure Tri	Alderford Olym	00:33:30	00:06:40	02:28:05	00:04:25	01:11:42	04:24:22